



Has a Perley Rideau volunteer lifted your spirit? Maybe you've witnessed a volunteer providing exceptional care or advocacy on behalf of residents and families. Give them a lift ... consider nominating them for an award!

April 7 to 13, 2019 is National Volunteer Week in Canada. We will be celebrating the dedication and achievements of Perley Rideau's amazing volunteers throughout the week, culminating in our annual Volunteer Recognition Awards & Dinner. Pins will be presented for 5, 10, even 40 (that's right, forty!) years of volunteer service. And, a few proud members will take home special recognition as our **Volunteer of the Year**, **Advocacy Award** and **Team Award** winners.



We welcome and encourage nominations from all members of the Perley Rideau community – staff, volunteers, residents, tenants, families and friends. All nominees are honoured before and during the event. Please use the enclosed form to share your stories of volunteers lifting our community. Nominations are due March 11.

Contact [volunteer@prvhc.com](mailto:volunteer@prvhc.com) or call Rachel at ext. 2356 with any questions.