



SENIORS' VILLAGE EXPANSION PROJECT

DRAFT GUIDING PRINCIPLES

The Perley Rideau is redefining “aging in place”. The new seniors living facility will complement our existing community and meet the changing needs of seniors by providing a safe, social, inclusive and homelike environment where great stories are made.

Guiding Principles

Sensitive, caring facility. Create an accessible, warm and welcoming environment that blends natural elements with innovation to create an experience driven, senior friendly design that promotes independence.

- Create a welcoming environment that builds a sense of community
- Integrate the new facility in to the campus
- Design a stunning facility
- Support health outcomes through biophilic design
- Ensure accessible spaces for occupants, considering the full range of frailty¹ domains, including mobility, social, functional and cognitive
- Create a safe and secure environment that provides comfort to residents and their families

Wellness and Quality of Life. The new facility will promote physical, cognitive, spiritual and social wellbeing by creating opportunities for a variety of inclusive, inter-generational activities, services and amenities that reduce social isolation and enable seniors to live their life to their fullest.

- Promote active and healthy lifestyles
- Encourage social connections and a sense of belonging
- Create opportunities that instill joy
- Enable interaction with outside community
- Simulate everyday life outside of a seniors-oriented campus

Sustainable and Future-Focused. An adaptable and high performing building that is operationally efficient, both today and in to the future.

- Design an environmentally conscious building
- Design communal spaces purposefully to ensure they are fully utilized
- Embrace technology to enhance the lives of residents and staff
- Create a resilient facility that supports the evolution of our needs
- Optimize the life and efficiency of the building and its systems
- Create adaptable business friendly spaces to support relevant, strategic initiatives such as the Centre of Excellence

¹ See <http://www.perleyrideau.ca/frailty-informed-care> for a definition of Frailty