

### **Project name: Pressure Injury Prevention – Student Group developing education**

**Description:** Pressure injuries can be preventable. When a resident has a pressure injury, it causes pain and impacts quality of life in residents. Reducing pressure injuries is one of the quality improvement goals at the Perley Rideau. An inter-professional quality improvement team is guided by the Best Practice Guidelines. One of the key recommendations is related to education and the voice of a resident and/or family would be very valuable to support a group looking at education strategies.

**Activity type and frequency:** Weekly meeting (Thursdays) for 30min – 1 hour or ad hoc based on preference.

**Project timeline:** Now until December 2017

**Estimated level of commitment:** Approximately 10 hours in total (flexible)

**Location:** on-site, tele-conference option available

### **Project name: Safety Week Planning Committee**

Perley Rideau is celebrating the Safety Week for the second year this year from Oct. 30<sup>th</sup> to Nov. 3<sup>rd</sup>. You will be working with the team on organizing the safety week events, and review related communication materials. There is one family advisor on this committee, a second advisor is strongly desired to ensure resident and family involvement.

**Activity type and frequency:** One-hour meeting every other week and sub-committee meeting for organizing activities

**Project timeline:** Now until November 3<sup>rd</sup> 2017

**Estimated level of commitment:** Approximately 15 hours in total

**Location:** on-site, tele-conference option available

### **Project name: Antibiotic Resistant Organism Pamphlets for Residents, Families and Visitors**

**Description:** An antibiotic resistant organism (ARO) is a microorganism that has developed resistance to the action of several antimicrobial agents. This typically happens when antibiotics are used for long periods of time or frequently.

Most ARO infections occur among people in healthcare because this population may have a compromised immune system or suffer from chronic conditions which make them more susceptible to infection.

AROs are usually spread through direct physical contact or through contact with objects contaminated with infected bodily fluids. If you pick up the microorganism on your hands through contact with an infected person or from a contaminated surface, you can spread it to others if you do not clean your hands properly. Proper hand hygiene and contact precautions can reduce the risk of transmission. Education for residents and families is a key component in preventing the spread of AROs.

**Activity type and frequency:** Ad hoc review documents

**Project timeline:** Now until November 30<sup>th</sup> 2017

**Estimated level of commitment:** 4-10 hours per month

**Location:** on-site or by email

### **Project name: Resident Bill of Rights – presentation at orientation**

**Description:** Work with the Director of Clinical Practice to develop a new way to teach the “Resident bill of rights” at corporate orientation for all new staff

**Activity type and frequency:** 2 – 3 planning meetings followed by attendance at the Corporate Orientation (monthly except December and August) – if the person cannot attend each session, we can identify and alternate

**Project timeline:** Ongoing

**Estimated level of commitment:** 3 hours planning, 20 minutes every month after

**Location:** on-site

### **Project name: Pharmacy Committee**

**Description:** The Pharmacy Committee strives to improve resident care by promoting best practice and knowledge in medication safety. The Committee recommends changes to medication related policies and procedures, provides a mechanism for a consultative and participatory approach to managing medication practices. The advisors will work with the committee to bring the resident/family perspective.

**Activity type and frequency:** Quarterly meetings for about 1 hour/Ad hoc to review documents/policies

**Project timeline:** ongoing

**Estimated level of commitment:** Approximately 1 hour every three months

**Location:** on-site, tele-conference option available, some work could be completed remotely

## **Project name: Responsive Behaviours Quality Improvement Team**

**Description:** The Responsive Behaviours QI Team is committed to improving the recognition, intervention and care of residents with Delirium, Dementia and Depression (3Ds) – with the goal of managing, and (to the extent possible) minimizing responsive behaviours across the Home. The team is accomplishing this by aligning its improvement activities with RNAO’s Best Practice Guideline (BPG), “Delirium, Dementia, and Depression in Older Adults: Assessment and Care”. We would like a resident or family member on our team to help us design and provide feedback on some of the changes that we will be implementing to meet the best practice guideline.

**Activity type and frequency:** Monthly meeting (Tuesday afternoon) for 1 hour/Ad hoc review documents

**Project timeline:** Ongoing until full implementation of the Best Practice Guideline

**Estimated level of commitment:** 1 to 4 hours per month

**Location:** on-site, tele-conference option available

## **Project name: Pain Management Quality Improvement Team**

**Description:** Pain is an important factor for quality of life in long-term care residents. Pain management is a very personal matter, it depends on the resident’s goals and preferences. It is identified as one of the quality improvement priorities at the Perley Rideau. This interdisciplinary quality improvement team is guided by the Best Practice Guideline on Pain Management, we closely examine the current processes and make evidence-based improvements. Having the voice of a resident or family on the team is valuable to ensure our interventions are person-centred care that incorporates the individualized approach of pain management.

**Activity type and frequency:** Monthly meeting (Thursday afternoon) for 1 hour/Ad hoc review documents

**Project timeline:** Ongoing until full implementation of the Best Practice Guideline

**Estimated level of commitment:** 1 to 4 hours per month

**Location:** on-site, tele-conference option available