



Perley Rideau

The Perley and Rideau
Veterans' Health Centre

Family and Friends Council Minutes of Meeting

January 21, 2016

The Arts and Crafts Studio, 2nd Floor

7:00 PM

Attendees: *Ray Bailey, Mark Bowman, Carolyn Young-Steinberg (PRVHC Staff Liaison), George Couillard, George Leir, Brian Kearns, Angela Lackey, Brent Mersey, Margaret Becker, Brenda Tobin, Fran Cordukes, Heather Moxley, Linda Hunter, Doris Jenkins, Ross Imrie, Robyn Oraziatti,*

Regrets: *Diana Hennessy, Joan Olinik, Doreen Rocque,*

1. Welcome and Roundtable Introduction
2. Review and Approval of the January 21, 2016 Agenda, and September 17th and October 15th 2015 Minutes.
 - a. Motion – Brenda Tobin
 - b. Seconded – Fran Cordukes
 - c. Approved
3. Report from PRVHC Management – Linda Hunter, Chief Nursing Officer for Akos Hoffer, CEO, with Doris Jenkins, Director, Nursing Operations
 - a. Sub-Acute Care for the Frail Elderly – (SAFE) Proof of Concept proposal being structured to share with the LHIN. Have seen a need of the system for people in hospital who do not need hospital level of care, but not ready to go home.
 - i. Caveats in the proposal
 1. Level of care between Long Term Care and Hospital care.
 2. A short stay unit (length of stay under 30 days).
 3. Ottawa 1 West on the community side. Enhance staff to meet the different needs of the unit.
 4. Special designation would drive top up funding from the Ministry to support the extra staffing. Examples of residents – COPD, may need intravenous, may not be able to mobilize as well as they normally can.
 5. The patients would be treated in hospital until stable enough to move to a subacute unit.
 - ii. Questions and discussion – proof of concept is 20 beds, with intent to open up to 40 beds over the next 12-18 months. After ministry approval expect a 3 month ramp up to open the unit. The proposal will be submitted to Champlain

LHIN Friday, January 22nd, and when approved will go to the Ministry. Timeline is to have Ministry approval by end of March, so the unit could be open before summer. Registered staff increases will be needed, dedicated to the unit. Specialist care will also come from Ottawa Hospital – Gerontologist, Internal Medicine. Enhanced services such as Xray and Tests – this is being supported by the Ottawa Hospital and these enhanced experts and services will be available to support the other residents at the PRVHC.

- iii. Proposed savings of \$.75M to the Ottawa Hospital system
 - iv. Restorative unit – medical patients initially and not post-operative or orthopaedic initially.
 - v. Residents currently on Ottawa 1 West – will need to free up 20 beds, and that plan is underway. It is expected that this will need to be a very carefully thought through plan.
 - vi. Have hired an extra part time position in the Admissions Department, to help augment the plan.
 - vii. Potential overlap with Elizabeth Bruyere was discussed, and given the overall needs in the region for additional capacity this was not a deterrent.
 - viii. Recognize that transitions are challenging for the Frail Elderly population, and it is expected to be a more positive experience coming to the PRVHC rather than possibly staying in hospital and becoming deconditioned.
 - ix. Communications – joint between the OH and the PRVHC. A key component to this change is excellent communications within the home, the family and friends, and the community in general.
4. Special session – Ross Imrie and Robyn Oraziotti – Creative Arts within Recreation and Creative Arts. Handout page attached.
- a. Ross provided the history of his time with the Studio and also the Recreation and Creative Arts service, which originated with the Perley Rideau Veterans Home.
 - b. The program has always been quite diverse, but there have been some changes through the years. Mosaic program has replaced the stained glass program that was in the original home. Likewise the weaving looms have been decommissioned.
 - c. Watercolour program has evolved from a paper mache program.
 - d. Resident is always given choices and determines how their craft will evolve. We heard of examples of residents who had never attempted creative arts previously finding a home within the program. Also of residents who maybe had previous experience in one medium finding new mediums to explore in the extensive studio.
 - e. There were many examples provided of residents that discovered creative arts. The program provides socialization, focus and purpose.
 - f. There are programs delivered in the studio and also on the units. The Recreation and Creative Arts team receives initial interest input from the residents and their families, but also keep a watch out for residents who may enjoy an aspect of the program.
 - g. We toured the studios and saw some amazing examples of the work that residents have made over the various sessions. It was noted by some of the evening participants that the art in the hallways is a wonderful addition to the buildings, and a touring the art is a great way to pass some time with loved ones.
 - h. Art Gallery – there are at least four shows a year, two resident shows and the others may be staff, volunteers and outside artists.
 - i. Recreation and Creative arts get involved in many other activities in the home. Examples are decorations that transform the Perley for theme dinners.

5. Family and Friends discussion
 - a. This standing item on the agenda is a confidential discussion family and friends on the quality of care provided to residents, unless otherwise noted.

6. Treasurer's Report
 - a. December 2015 monthly statement was presented
 - i. Motion to approve the statement – Brenda Tobin
 - ii. Second – Mark Bowman
 - iii. Approved
 - b. Proposed budget allocation for 2016 was reviewed

7. Report from the Executive
 - a. Program being established for the winter and spring
 - i. February – Daniel Clapin of the PRVHC Foundation will join us
 - ii. March – we will review the results of and plans from the surveys in the fall
 - iii. April, May and the June Educational events will be focused on the caring for the care giver and how to be in the best position to support your loved one.

8. Other business - none

9. Adjournment