



FAMILY AND FRIENDS COUNCIL – EXECUTIVE BIOS

Heather Moxley, B.H.Ec, B.C.S, Chair

Heather has served on the Family and Friends Council since 2013, originally as Secretary (2013 – 2017) and now as Chair.

She has degrees in Home Economics [Human Development and Family Studies, University of Manitoba] and Computer Science [Carleton University], and a professional managerial background in IT and telecommunications.

Heather's father was a Veteran resident of Rideau 2 South for over 7 years. To keep her experience current she volunteers as a Family Transition Volunteer at the Perley welcoming new residents and families on their first day.

Barbara Caverhill, BA, B.Ed., M.L.I.S. Vice Chair and Secretary

Barbara is a retired executive with over 30 years working within government and over fifteen years for school boards in Ontario and British Columbia and DND Overseas. She has been a lead, head, or chair of a range of committees and working groups.

An active Perley volunteer, Barbara not only takes care of her husband who has been a resident on Rideau 2 South since September 2016, but also a feeding companion to a Rideau resident as well as support worker (porter) for Sunday church services, a Family Transition Volunteer and recently as a family advocate for a Perley Rideau Quality Improvement Project.

In addition to these roles, Barbara joined the FFC Executive in November 2017 and has assumed the dual responsibilities of Vice Chair and Secretary.

Brenda Tobin Treasurer

An Accounting Diploma graduate of Confederation College, Brenda brings over 25 years of invaluable experience in bookkeeping and taxation along with over 30 years as a community volunteer.

With the arrival of her father at Perley Rideau in 2013, she volunteered to serve on the Family and Friends Council and was elected to the Executive at the 2013 AGM, where her financial and volunteer experience is highly valued. While her father passed away in November 2015, Brenda continues to be active in the FFC.

Mark Bowman, MBA Director of Communications

Mark is a consultant in philanthropy with over 15 years' experience in fund raising. He has helped Ontario clients in the health care, social services, religious, multicultural, education and environment sectors secure new funding including The Perley and Rideau Veterans' Health Centre Foundation.

Before transitioning to fund development in 2004, Mark worked in the Canadian financial sector in a variety of roles including commercial credit, real estate lending, corporate finance, professional banking and in international trade at Export Development Canada — Canada's export credit agency.

An active volunteer, Mark has worked with a number of not-for-profit organizations including United Way Ottawa, Volunteer Ottawa and Big Brothers, Big Sisters Ottawa.

Elected to the Executive in 2014, Mark has a special interest in Perley Rideau where his late mother was a resident of Gatineau for 10 years.

Daryl Dods Director at Large

A retired member of the RCAF and Foreign Affairs with over 35 years of service and a degree in Environmental Studies from Waterloo University, Daryl became involved with the Perley when his mother and father moved here in 2014.

His mother was a Perley community resident and passed away in May 2015. His father is a vet on Ottawa 2 East. Daryl is fortunate in having experienced both the civilian and the Vet side of Perley life and is a passionate advocate for his father and other Perley residents.

PERLEY RIDEAU FAMILY AND FRIENDS COUNCIL - EXECUTIVE BIOS (cont'd)

Yvonne Fitzpatrick Director at Large

Yvonne has experience in Accounting, and was a Project and Office Manager for over 20 years. She was a Foster Parent before starting family, and considers herself fortunate to be a Stay at Home mom raising 3 children (now late teenagers), while providing 24/7 in-home care for her parents over the last 9 years. She has been active in a number of volunteer roles in the community including Therapeutic Riding Programs and a teacher assistant in French immersion.

Through caring for her late mother who passed away in 2014, Yvonne became closely involved with the Alzheimer's Association, Heart Institute, and Diabetic Association in order to educate herself to provide the best possible care for her parents.

Yvonne's father moved to Ottawa 1 West in June 2016. Yvonne is a regular visitor and now volunteers at the Perley Rideau and as a member of the Falls Prevention committee, and in November 2017 was elected to the FFC Executive as a Director at Large.

Stephan Klovan, B.A. Director at Large and Vice Director of Communications

Stephan Klovan is a Graduate of Carleton University in Ottawa, with a degree in Pre-Law and Criminology. He is a Canadian multi-gold medalist in Figure Skating and former professional ice skater (1979-84) with such shows as "Ice Capades", "Disney On Ice", "Paradise On Ice" and "Las Vegas On Ice". He continues his passion for the sport as a local skating coach with the "Spartan Skate" program, run by the Ottawa Senators.

Stephan is an event planning specialist and has organized numerous Ottawa signature events including "Winterlude", "Canadian Tulip Festival" and "Canada Day" on Parliament Hill!

An active community volunteer, Stephan has served on the board of several local charities, including a term as the "Chairman of the Ronald McDonald House", "Variety Club", "Max Keeping Foundation", "The Snowy Owl AIDS Foundation" and "The Bruyere Foundation".

Stephan joined the FFC Executive in November 2017 and his father has been a resident of Ottawa 2 East since January 2017.

Joan Olinik Director at Large

Elected to the Executive at the 2014 AGM, Joan brings a wealth of volunteer experience with her. Her career has bridged the business and volunteer worlds where she worked in administrative and managerial positions with several corporations. She has been a Brownie, Guide and Choir Leader, has helped with fund raising for a Women's Home and has volunteered with many other organizations. She also helps out at our own Perley Rideau where she serves on the Veteran's Council as the Family Rep in addition to assisting residents during meal times and taking them to activities.

Joan also serves on several committees here at the Perley and is a constant advocate for Seniors and Veterans. She was the driving force in the implementation of a much-needed specialized crosswalk at the Perley Rideau on Russell Road which was officially opened in July 2017. For her numerous volunteer efforts, Joan was recognized last year with the Perley Rideau's Advocacy Award.

Joan joined the Family and Friends Council shortly after her Dad, a veteran resident on Rideau 1 North, arrived at Perley Rideau in 2013. Although Joan's Father recently passed away, she plans to continue to work tirelessly at the Perley to continue to help make a positive and helpful contribution for residents and their families.

Doreen Rocque Director at Large

A retired Public Service Human Resources Executive with over 35 years' experience, Doreen became involved with family councils when her Mom moved into long term care in 1999. Her husband was diagnosed with Parkinson's in 1995 and moved to Perley Rideau in 2007 where he lived until his death in 2013. Doreen continues to care for her older brother who is waiting for a bed in long term care.

A member of the Executive since the Perley and Rideau Family & Friends Council's inception in 2010, Doreen was elected Vice Chair in 2013-16 and in 2017 assumed the role of Director at Large. In 2016, Doreen received the Perley Rideau's Advocacy Award in recognition of her dedication and contributions to the FFC.

Doreen is active in the Champlain Region Family Council Network [CRFCN] whose Mandate is to support families in establishing and maintaining Family Councils as well as to advocate for improvements to the Long Term Care System. In 2014, she was elected Chair of the CRFCN.