

Volume 17-6 June 26, 2014



Perley Rideau

The Perley and Rideau
Veterans' Health Centre

BETWEEN Us... Briefly

Newsletter for residents, tenants, family and friends, staff and volunteers of Perley Rideau

Perley Rideau wins prestigious award

At a special event hosted by United Way on May 29, Perley Rideau and Bruyère Continuing Care received the 2014 *Community Builder of the Year 'Belonging to Community Award'*.



Akos Hoffer, Perley Rideau CEO and Bernie Blais, Bruyère CEO receive the award on behalf of their respective organization.

This award recognizes an organization that is working to improve conditions for vulnerable people, including seniors, immigrants and people with disabilities, to contribute fully to their communities.

Bruyère Continuing Care and The Perley and Rideau Veterans' Health Centre are meeting the needs of an aging population through their innovative Seniors Village projects, which provide a continuum of care for seniors in a community setting.



Rabbi Reuven Bulka, C.M. also received the *Community Builder Award - United Way Ambassador*. "He is renowned for his tireless commitment to the Ottawa community through service on charitable and civic boards."

More than 650 guests were on hand to celebrate and congratulate the recipients - in all, eight people or organizations who work tirelessly to make our city better for everyone.

United Way cares about community and feels it's important to recognize those who have led change in Ottawa.

Congratulations to all the award recipients!

For more information, please refer to the following link:

<http://unitedwayottawa.ca/>

"Together we improve the well-being of the people we serve."

Seniors Village Celebrations!

On June 17th and 18th, over 500 employees, volunteers, donors, tenants, members from the Health Centre and Foundation Boards of Directors and guests



got together to celebrate an important milestone in the creation of our Seniors Village. Many, many bushels of strawberries were consumed along the way, thanks to the hard work of Robin Tremblay and his amazing staff.

The drop-in event on the 17th for employees and volunteers was well-attended with senior staff participating in the many chats that took place during that afternoon. It was nice to see so many employees taking a break and celebrating this important milestone with others. Strawberry shortcakes and refreshments were available in Lupton Hall and on the units during the night shift.

The more formal celebratory event on the 18th was combined with the annual donors' reception, during which donors were thanked and were shown a fine example of what they had helped build with tours of Building A, led by members of the Seniors Housing/Assisted Living team.

Formalities, of course, mean speeches. Our keynote speaker was General (Ret'd) Walter Natynczyk, who so kindly accepted to replace General Hillier at the last minute as he was detained on business overseas. He roused the crowd with his remarks.



Keynote Speaker:
Gen.(Ret'd)
Walter
Natynczyk

A special presentation was made to Commissionaires Ottawa, our leading donor, in naming the former "Building A" **Commissionaires Ottawa Place.**



Charles Lemieux, Foundation Chair and Paul Guindon, CEO, Commissionaires Ottawa

One of the most personal moments was when Doreen Morgan, one of our tenants, and Grete Hale, an honorary co-chair of the Foundation's special fundraising campaign stood together on the podium. Their remarks were given from the heart and applauded the Seniors Village.



We received very good feedback on the event.....

Congratulations everyone!

"Together we improve the well-being of the people we serve."

Family and Friends Council

June is a busy month for the Family and Friends Council.

On June 11th we co-hosted the Family Council Event - "**Let's Talk about Dementia**".

Excellent presentations were made by:

- **Dr. Andrew Frank**, Medical Director Memory Disorder Clinic
- **Dr. Benoit Robert**, Medical Director Perley Rideau and Co-Medical Director, Dementia Program at the Glebe Centre
- **Lisa Cummings**, RN Psychogeriatric Resource Nurse and Perley Rideau Team gave a lively hands-on demonstration of music therapy
- **Joanne Maika-White**, of the Alzheimer Society provided details of all the programs that are offered for caregivers of seniors with dementia.

A stimulating panel discussion followed, led by **Akos Hoffer**, but was unfortunately interrupted by an impromptu fire alarm. The session was such a success that plans for a follow-up session in November are being discussed.

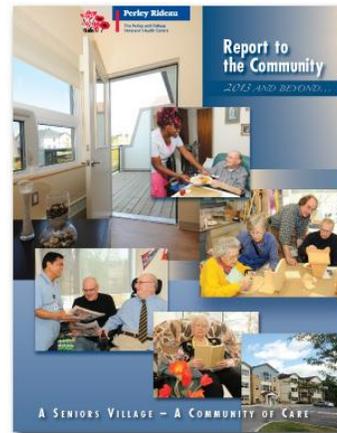
On Thursday, June 19th at 7 pm, the final winter/spring meeting for the Family and Friends Council was held in the Benidickson Boardroom. The various topics presented in the first half of 2014, and previous years of council meetings, were reviewed. Ideas were solicited for the fall meetings and the November Family and Friends Council Annual General Meeting.

The mission of the Family and Friends Council [FFC] is to improve the quality of life for all residents by promoting an atmosphere of compassionate care and

support amongst family members, friends, volunteers and staff. Participation is open to family members of residents, former residents of The Perley and Rideau Veterans' Health Centre, and persons of importance to residents who are committed to acting as advocates.

Council meets the 3rd Thursday of each month at 7:00 pm, except in July and August. Meetings provide opportunities for participants to learn more about life at Perley Rideau, to share experiences and to support one another.

Hot off the Presses! 2013 Health Centre Report to the Community



Contents:

- Message from the Chair and CEO
- Accomplishments in 2013
- Priorities for 2014
- History of Perley Rideau
- Expanded staff and volunteer pages
- Our health care partners

Copies are available at various locations at Perley Rideau or you can view it at the following link:

www.perleyrideau.ca/report

"Together we improve the well-being of the people we serve."

Annual Meetings were held for both the Health Centre and Foundation in June

Health Centre Board of Directors:

- Michael Jeffery remains Chair
- New members are – Kris Birchard and Dr. Hans Jung replacing Duane Daly and Peter Martin, who has concluded his time as Honorary Director

Foundation Board of Directors:

- Charles Lemieux is the new Chair
- New members are – Guy Levasseur and Robert J. Eagan, Commissionaires Ottawa
- Ray Desjardins is Past Chair
- Merv Beckstead has resigned from the Board but remains Co-Chair of the Capital Campaign

Photos and biographies can be found on our website:

www.perleyrideau.ca

Tenants and Residents Forum

July 16 2:30 – 3:30 in Lupton Hall

Please join Akos Hoffer, CEO and Mary Boutette, COO to discuss current issues.

Payroll Winner - \$100

June 5, 2014 Draw:

*Linda Carkner - Assisted Living Services
Corine Scott - Ottawa 2 East*

June 19, 2014 Draw:

*Hodan Ali - Food and Nutrition
Geoff Thompson - Finance*

Next draw: July 3, 2014

Between Us Briefly, Vol. 17-6

Deadline for submission of articles for next BUB is Friday, July 18, 2014

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Regular editions of BUBs are typically published monthly, subject to content availability. Articles primarily come from staff and are due mid-month, following which the BUB is issued in the third week of the month or soon thereafter.

Articles can be emailed to a smoncion@prvhc.