This fall, Perley Rideau held a special day to express its appreciation and best wishes to those who have served the residents at Perley Rideau for many years. I couldn’t let this year go by without thanking all employees for their tremendous dedication.

Happy Holidays to All of YOU!

**30 Years**
Cindy Hood

**25 Years**
Betty Allen, Greg Fougere, Darlene Lewin, Monica Reynolds, Harriett Robson Timmermans, Colleen Taylor, Victor Thompson, Sylvia Volkmer

**20 Years**
Sonia Bombales, Debra DesRoches, Bertha Doucet, Justine, Evraire, Terrance Godfrey, Henry Kingsley, Mary Keon, Tracy Lansbergen, Jill Rae, Kim Soucie

**15 Years**
Jean Raymond Belzor, Renee De Haan, Carla Dumali, Therese Gauthier, Evelyn Kalugdan, Sabina Morris, Carrie Nicolas, Meca Vidal, Jennifer Warren

**10 Years**

**5 Years**
Maya Abenoja, Abebe Addis, Doris Appiah-Boadu, Mehri Bahrreinzyadeh, Sherly Cajour, Ruth Emile, Kameika Francis, Dorothy Fraser, Doris Jenkins, Kremena Kichukova, Wilson Kismemo, Doris Lopez, Jacqueline Luckman, Chanel Marcotte, Orly Mascisch, Zeinab Mattan, Scott Mullins, Marie-Gloriose Mutambarungu, Annet Namugga, William Ness, Barbara Nyiraneza, Michelle Rimpel, Adonis Sales, Amanda Smail, Emmanuel Stella, Jose Tekwa, Mehret Tesfazghi, Tina Wark

“Together we improve the well-being of the people we serve.”
**Perley Rideau Logo Has Been Refreshed**

In the Communications Audit conducted earlier in the year, it was found that there were many variations in the use of our logo. To address this issue, we have standardized the logo to the design below and have prepared a Logo Guide to ensure consistency in its application.

The Guide provides instructions on the proper use of the Perley and Rideau Veterans’ Health Centre logo in print and electronic documents. It contains visual identity standards and naming standards which are specific rules that are meant to reinforce and project a consistently strong and distinguished image.

Following these standards will allow us to promote a consistent identity to the general public and to highlight the brand image of the Perley Rideau.

The transition to the new look will take place gradually, when our existing stock of printed materials is depleted to minimize costs. Items such as new letterheads, envelopes, labels, kit folders and business cards will be available through Stores.

If you have any questions regarding the use of the Perley Rideau logo, please email smoncion@prvhc.com.

---

**RECENTLY RETIRED STAFF**

Maureen ARCHAMBAULT (31 years)
Elizabeth ROSS (11.5 years)
Kristine MONFRONT (12 years)
Elena TRIF (23.5 years)
Michel CARDINAL (35.5 years)
Ruth CLARKE-CULZAC (17 years)
Thelma BLADES (17.5 years)
Joyce MCRAE (17 years)
Theresa CARDINAL (25 years)
Flora MAHUMANE (16.5 years)
Linda DACEY (19 years)
Pat WAGNER (12 years)
Joanne QUENNEVILLE (36 years)
Lolita LACHAPELLE (23.75 years)
Deborah GARLOUGH (39 years)
Pierre GAUTHIER (37 years)
Ron HANNA (19 years)
Dawn MULVIHILL (18 years)

---

*Christmas Spirit at R2S!*

Showed here are stockings with residents' names. The decorating was primarily done by Brenda Evershed, RPN.

*“Together we improve the well-being of the people we serve.”*
Highlighting Staff in New Organization

As promised in the October newsletter, we are continuing to introduce senior staff following the announcement of the new organizational structure this summer.

Subsequent issues will highlight the different areas of our organization and the staff who are dedicated to improving the health and well-being of the people they serve. If you have any ideas about how we might do that, please email smoncion@prvhc.com

RESIDENT CARE

Reporting to Carolyn Andrews, Chief of Resident Care, Chantale Cameron and Doris Jenkins as Directors of Care and Jennifer Ellis as Director of Nursing Practice lead the team of nurses, nursing staff and personal support workers who are responsible, along with the attending physicians, for the care of long-term residents. A broad range of responsibilities is required, including medical, business and safety aspects, training and staff development, family relations, and adherence to provincial standards for resident care delivery.

Chantale Cameron is the Director of Care for the Rideau and Gatineau South Residences. She has been part of the team at Perley Rideau for over four years.

Chantale has 19 years’ experience working with seniors from a variety of areas including chronic care, retirement living and long-term care. Her passion for seniors started as a co-op placement in high school and she never looked back. Chantale started her career as a coordinator of volunteer services, moved on to Recreation Therapy and then to Administrator of a LTC facility.

Chantale holds a Bachelor of Social Sciences from the University of Ottawa and has a Senior Long Term Care Management Certificate from the Canadian Healthcare Association.

Samantha Diceman reports to Chantale Cameron. She joined the Perley Rideau earlier this year as Assistant Program Manager and is now Manager, Resident Care for the Rideau and Gatineau South.

She has spent the majority of her nursing career as a staff nurse; working in retirement homes and acute care, but her real passion is long term and palliative care and has nursed in this field for 15 years. She has continued to expand her knowledge with courses on wound care, leadership and palliative care.

Samantha participated in the Classification Project with the MOHLTC three times, gaining insight and experience into documentation. She currently sits on the Discipline Committee at The College of Nurses of Ontario.

Samantha graduated with Honours from the Practical Nursing program at Algonquin College in 1997.

Doris Jenkins has been a member of the Perley Rideau team for five years as Manager of Nursing Practice and is now Director, Resident Care.

Doris Jenkins has 28 years of experience as a Registered Nurse. Her nursing management varies from the acute care sector, community, retirement home, and for the past 14 years the Long Term Care. Doris is currently an active member of the Long Stay Expert Panel of Champlain LHIN, Palliative Care Initiative 1 Group and the Champlain Behavioural Support System Steering Committee. She was also the past lead for the OANHSS Region 7 Nursing Group.
Jennifer is a nurse with experiences ranging from cardiac and vascular surgery at Hamilton Health Sciences, research and teaching experience from McMaster University and research and policy administration with the Canadian Health Services Research Foundation.

For the last seven years, Jennifer has worked for the Canadian Foundation for Healthcare Improvement as Director of Health Policy, Director of E-Learning and Nursing Officer for the Nursing Leadership, Organization and Policy portfolio.

Jennifer holds a Bachelor of Nursing Science (BsN), a graduate diploma in Health Services and Policy Research and a Doctor of Philosophy (PhD) in clinical sciences (nursing) from McMaster University.

Ursula Lamoureux started working for Perley Rideau earlier this year as Assistant Program Manager in the Ottawa building. She is now Manager, Nursing Education and Development and reports to Jennifer Ellis.

Ursula’s career started in a non-nursing capacity working in Behavioural Science, then as a Personal Support Worker in complex care.

Since Ursula’s graduation from nursing 17 years ago, she has worked exclusively in a variety of long-term care settings across the country, including eight years in dementia care and two years in geriatric psychiatry.

Ursula holds a diploma in Nursing from Algonquin College and a Certification in Gerontology from the Canadian Nurses Association.
Public Defibrillator Now Available on Premises

Vital Air has generously donated two defibrillators. One is located on O1E and will be used in the event of a ‘code blue’ by a nurse. The other is located at the Main Reception and is for public use.

In the event of an emergency thought to be a ‘cardiac’ event [possible heart attack] and thus the defibrillator may be of benefit, please do the following immediately:
1. Remove the bag from the wall
2. Take out the defibrillator and turn it on
3. It will ‘talk to you’ and tell you what to do from there. It will not tell you to ‘shock’ the person unless appropriate.

NOTE: No training is required to use the public defibrillator. Listen to and follow the instructions.

Carolyn Andrews, on behalf of the Emergency Measures Committee

BREAKFAST WITH SANTA was a huge success with 50 kids plus parents in tow. The Staff Association would like to thank all who volunteered and made this event a real success. Big thanks to Frank, Melanie, Ross, Bonnie, Jessica, Rachel, Randi Lee, Lisa, Carolyn, Missy, Taylor, Bill and kids, Robin and dietary staff. If I have missed anyone, it was not intentional. Thanks again.

Janice Roe for the SA

Dec. 5 Payroll Winners – $100
Joyce Chenoweth - Rideau 2 North
Kathleen Johnson - Gatineau 1 North

Next draw: December 20th

Between Us Briefly, Vol. 16 #8
Editor: Sylvie Moncion
Contributors to this issue:
Carolyn Andrews Janice Roe
Denise Lavoie Kim Soucie
Mary Mueller

“Together we improve the well-being of the people we serve.”