

# Between Us... BRIEFLY

Newsletter for Residents, their Family and Friends, Staff and  
Volunteers of the Perley and Rideau Veterans' Health Centre

Volume 17 - 8 August 20, 2014

## Summer Youth Program Seniors and youth learning from each other

The volunteer office would like to thank all of our youth volunteers for participating in our 2014 Summer Youth Program. The months of July and August saw the participation of 18 youth bringing joy and youthful energy to the Perley Rideau Seniors Village. All were exceptional and all have brought their own special qualities while serving our residents and tenants.

The Summer Youth Volunteer recognition event was held on Thursday, August 14<sup>th</sup> during Bingo. Below is a photo of students who were present during Bingo.



**Front row, from left to right:**  
Gursangat Sidhu (Summer Youth Assistant), Rachel Lang, Ishaan Dhillon, Srijan Walia, Zahra Osman and Warren Peters

**Back row:** Ashley Bossilkov, Danielle Fortin, Ruth Imonikhe and Alexander Hardy

**Not present:** Elizabeth Devon, Mary Gebre, Madeleine Lemaire, Ehsan Merati, Stephanie McHugh, Sean Muncaster, Jacqueline Mundie, Belinda Smith and Portia Mae Rey

The 2014 Summer Youth Volunteer Award has been given to **Ashley Bossilkov**. She received the award because she showed unwavering initiative, an unparalleled compassion with the residents, and a willingness to help out anyone in need. She carried out her tasks to a high degree of completion and was always on the lookout for ways to help others or improve.

In an email, Ashley said:

***“Thank you for giving me the opportunity to participate in your volunteer summer youth program. I truly adored the experience and personally it never felt like I was volunteering since I was enjoying it.”***

**Way to go Ashley!  
Congratulations**

*“Together we improve the well-being of the people we serve.”*



Ashley Bossilkov accepting the 2014 Summer Youth Volunteer Award with Gursangat Sidhu, our Summer Youth Assistant. The Summer Youth Program Assistant position was made possible

by a grant from the Perley Rideau Foundation – thank you Daniel Clapin.

Not only did our Summer Youth Volunteers assist Perley Rideau activities, some had the opportunity to visit our tenants on Tuesdays and Thursdays.



From left to right: Srijan Walia, tenant Donald Kritsch and Warren Peters

“Every Thursday of this summer, I have had the pleasure to meet Mr. Donald Kritsch, one of the tenants in the Commissionaires Ottawa Place. We hang out for an hour or so, chat, solve some puzzles and maybe even go for a walk. It makes me feel good when I see him happy and enjoying the

time we spend together. I can honestly say that it has been a very satisfying and gratifying experience to volunteer at Perley Rideau” remarked Srijan.

Warren shared his volunteer experiences as well, “Volunteering at the Perley Rideau has been a very positive and rewarding experience. I have gained a new perspective on life, and am very grateful for the opportunity to have been a part of the lives of the residents. Most importantly, I have a new respect for the people here, and every one of their generation.”

## Well done 2014 Summer Youth Students!

### Village Fair 2014

For Residents, Tenants, Volunteers, Staff,  
Families and Friends of the PRVHC.

**Sat. September 6, 10am-3:00pm**

**Featuring The Sounds Of:**  
Celtic Mist Pipes & Drums 9:45-10:15  
Paddy Stewart 10:15-11am  
Luc & Friends 2-3:00 pm







**Fun For The Whole Family:**  
Brad the Balloon Guy  
Petting Zoo,  
Bouncy Castles,  
Fair Games,  
Crafts, Clowns,  
Much More!!

**Tasty Treats:**  
Tim Horton's (10—12Noon)  
Twoonie BBQ 12:15 (while quantities last)  
Popcorn. Ice Cream



**Come Dressed In Your Village Best!**

Brought To You By Recreation & Creative Arts Service

*“Together we improve the well-being of the people we serve.”*

## *Family and Friends Council (FFC)*

Please join us **Thursday, 18<sup>th</sup> September at 7 pm**, to start our Fall Programme, meet and hear from the newest members of the Perley Rideau Management team: **Mary Boutette, BSc, MHA, Chief Operating Officer** and **Linda Hunter, Chief Nursing Officer**, and learn about plans for the months ahead.

As a continuation to July's BUB, we're introducing the Directors who round out your FFC Executive team:

**Director of Communication - Diana E Hennessy, BA, MEd, FCAM**  
Diana brings a background in communications and programme development having worked in the university and private sectors.

A volunteer since the 1950s, she was a member of the Junior League of Montreal, has co-published newsletters and served on the Board of Meeting Planners International [Toronto]. With her husband, she is a Life Trustee of the Canadian Naval Memorial Trust. Their travels and cruises have taken them throughout the United Kingdom, Europe, Canada, New Zealand and Australia. Golf and genealogical research round out their retirement interests.

Diana is the wife of the late Admiral [Ret'd] Ralph L Hennessy, DSO, CD, BA [Hons] who was a veteran resident.

**Director at Large - Fran Cordukes, RN, BScN**  
Fran graduated from the Toronto General Hospital and the University of Ottawa and has worked as a RN, Community Nurse, and Director of Care. Her RN career affiliations have been with the Royal Ottawa

Hospital, VON and now with the Ottawa Hospital [Civic Campus].

Fran's husband has been a veteran resident since August 2010. She joined the Executive in 2012 and was elected Director at Large.

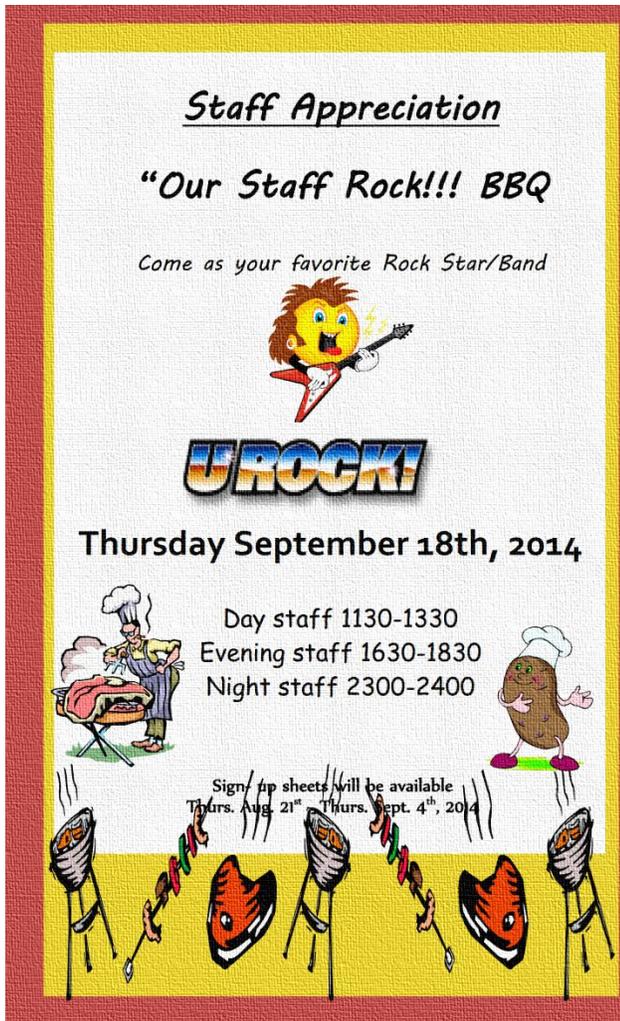
**Director at Large - Brent Mersey, B.Eng, BSc, MSc, PhD**  
Brent's work as Systems Engineer, Research Officer and Professional Staff with IBM Canada, NRC and the University of Guelph has been followed by self-employment as a speedway photographer and landscape gardener. His volunteer activities have included working with such organizations as the Markham Environmental Advisory Committee and York Region Water Conservation Advisory Committee.

Brent began attending Council meetings following his mother's arrival at Perley Rideau. He joined the Executive in 2012 when he was elected a Director at Large.

The mission of the Family and Friends Council [FFC] is to improve the quality of life for all residents by promoting an atmosphere of compassionate care and support amongst family members, friends, volunteers and staff. Participation is open to family members of residents, former residents of The Perley and Rideau Veterans' Health Centre, and persons of importance to residents who are committed to acting as advocates.

Council meets the 3<sup>rd</sup> Thursday of each month at 7 pm, except in July and August. Meetings provide opportunities to learn more about life at Perley Rideau, to share experiences and to support one another.

For questions about the Council, please contact Ray Bailey, Chair at 613 741 0282 or by e-mail to: [familycouncil.prvhc@gmail.com](mailto:familycouncil.prvhc@gmail.com)



## Payroll Winners - \$100

### July 31, 2014 Draw:

Anthony Clark- Creative Arts  
Bogumila Matheson - Rideau 2 South

### August 14 Draw:

Ma Elena Estocado - PSW Casual  
Kathleen Glenna Johnson – Music  
Therapist, Gatineau Building

**Next draw: August 28**

## Helix Hearing Care Centre Staff Announcement

Effective September 1, 2014, **Anita Bond** will be the full time audiologist for the Perley Rideau Helix Hearing Care Clinic.

Helix Hearing Care Centre offers a comprehensive service provided by highly trained and experienced professionals. They and their staff will work diligently to find the best possible solution for every unique requirement and lifestyle.

The clinic provides a wide range of services, including tests, diagnostics, fittings, counseling, and access to the most advanced technology to improve your quality of life.

## Between Us Briefly, Vol. 17-8

**Editor:** Sylvie Moncion

### Contributors to this issue:

David Harris, Diana Hennessy (FFC), Elia Touesnard and Carolyn Vollicks

*Regular editions of BUBs are typically published monthly, subject to content availability. Articles primarily come from staff and are due mid-month, following which the BUB is issued in the third week of the month or soon thereafter.*

**Deadline for submission of articles for next issue:**

**Friday, September 19, 2014**

Articles can be emailed to  
[Smoncion@prvhc.com](mailto:Smoncion@prvhc.com)