



Perley Rideau

The Perley and Rideau
Veterans' Health Centre

Weekly Tenant Update

June 12, 2020

News and updates re: COVID-19

The province has announced that they are moving to Stage 2 of the gradual, staged approach to reopening businesses effective today. While this is very exciting news, we here at the Perley Rideau would like to take this opportunity to remind all of you that community spread of COVID-19 is still occurring and that members of the population at high risk should continue to take enhanced precautions. The province of Ontario remains under a state of emergency and the Ottawa building of the Perley Rideau Long Term Care Facility continues to be on Outbreak.

There are no changes to the precautions and recommendations put in place for the tenants of the Perley Rideau Seniors Village as of today. The Command Center team continues to meet on a regular basis to review this information and we expect to have another communication for you next week. At this time, the following recommendations continue:

1. Tenants should refrain from leaving the apartment building unless necessary.
2. Visitors should limit their visits with loved ones to essential visits only. Family members can continue to deliver supplies and/or groceries to their loved ones if needed but should continue to wear a mask and self-screen using the following questions:
 - a. Do you have any of the following symptoms: fever/feverish (a temperature of 37.8 degree Celsius or higher), conjunctivitis (pink eye), shortness of breath/difficulty breathing, new or worsening cough, nausea/vomiting, diarrhea, abdominal pain, new



diagnosis of pneumonia, sore throat, runny nose or nasal congestion, difficulty swallowing, new smell or taste disorder, chills, different or worsening headaches, unexplained fatigue/malaise/sore muscles.

- b. Have you had close contact with a confirmed or probable COVID-19 case?
- c. Have you had close contact with a person with acute respiratory illness?
- d. Have you travelled or been in close contact with someone who has travelled in the past 14 days?

If you answer yes to any of these questions, please do not enter the building and contact the office if you need assistance for your loved one.

- 3. Wash your hands or use hand sanitizer before and after exchanging groceries. Minimize physical contact with anyone as much as possible and continue to practice physical distancing guidelines.
- 4. Dining room seating continues to be restricted to 1 person per table. We will continue to deliver meals to tenants on the meal plan in order to meet social distancing protocols.
- 5. All tenants are asked to contact the office immediately and self-isolate if you show any flu-like symptoms such as a new cough, fever or body aches.

We very much look forward to lifting some of these precautions but want to make sure that we are able to do so in the safest way possible to protect all members of our community. We appreciate your patience and cooperation in helping us achieve this.

Other news:

On June 1st, the Ministry of Long-Term Care released a memo stating that the province is requiring continued surveillance of long-term care home staff effective immediately. This means that all long-term care employees are being swabbed for the virus at two-week intervals. This policy is well-aligned with the Perley Rideau approach for outbreak management and aggressive surveillance. The next round of staff swab tests are scheduled for June 17th.

All Perley Rideau staff members are being swabbed for the virus including all staff working in the 2 apartment buildings. Screening for staff members continue at beginning and end of every shift and all staff will continue to wear surgical masks at all times.