

How to Request a Volunteer for your Loved One

Resident Need	Volunteer Role	Process	Contact Info
Medical Escort	Accompany residents via Para Transpo or taxi for appointments outside Perley Rideau, when family members are not available to do so.	Contact RN or RPN to make a referral to Volunteer Services. One week (or more) notice is recommended.	Registered staff on resident's unit
Palliative Care	<ul style="list-style-type: none"> • Longer term companionship and emotional support for those facing incurable, life-limiting illness • End-of-life comfort care in the final days and hours 	Contact RN or RPN to make a referral to Volunteer Services. If staff recommend palliative visits, they must first consult with the resident and/or POA.	Registered staff on resident's unit
Friendly Visits	Companionship, walks, one-to-one visits or support during group activities. Volunteers usually not trained in Palliative Care.	Contact resident's Recreation Therapist. They will review needs in context of individual's regular activities and can sometimes match them immediately with staff, volunteers or students on their team. If additional support is required, Recreation Therapist will send a referral to Volunteer Services.	<p><u>Rideau Residents:</u> Rachel Dobson, ext. 7307 rsdobson@perleyhealth.ca</p> <p><u>Ottawa Residents:</u> Laura Torontow, ext. 7435 ltorontow@perleyhealth.ca</p> <p><u>Gatineau Residents:</u> Dave Harris, ext. 7735 dharris@perleyhealth.ca</p>
Therapeutic Recreation Activities	Porter residents to & from activities, such as concerts, Bingo, Ice Cream Parlour. Companionship & support during activity. Pilot tri-shaw bike.	Contact resident's Recreation Therapist	As above



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Creative Arts	Porter residents to and from Creative Art Studios. Assist residents with projects. Provide companionship.	Call Creative Arts Studio	Woodworking/Painting Studio, ext. 2325 Pottery/Clay Studio, ext. 2322
Family Transition	Volunteers welcome new admissions, and their families, to LTC on move-in day. Provide tour, guidance, companionship, help move personal items and bring clothing to laundry for labelling.	Admissions department sends a request to Volunteer Services for each new admission.	Prior to arrival date: Dianna Latulippe, Admissions Coordinator, ext. 2300 dlatulippe@perleyhealth.ca
Church Services	Porter residents to and from Roman Catholic, Anglican or Ecumenical Services. Sit with them during service, if needed.	Contact Spiritual Health	Fr. Paul Tennyson, ext. 2358 ptennyson@perleyhealth.ca Jessie Stephenson, ext. 2357 jstephenson@perleyhealth.ca

For any other questions about Perley Rideau volunteers, please see staff in Volunteer Services (near Main Reception).

Email: volunteer@perleyhealth.ca.

Call Rachel Stoparczyk, Coordinator Volunteer Services ext. 2356 or Bernadette Lee-Wo, Volunteer Services Clerk, ext. 2305.

☆ **Limits & Boundaries: Please note that volunteers must not assist with any lifts, transfers, toileting or dressing. Only volunteers trained for meal assistance can help feed residents. Volunteers must not drive residents or tenants in their personal vehicles.**