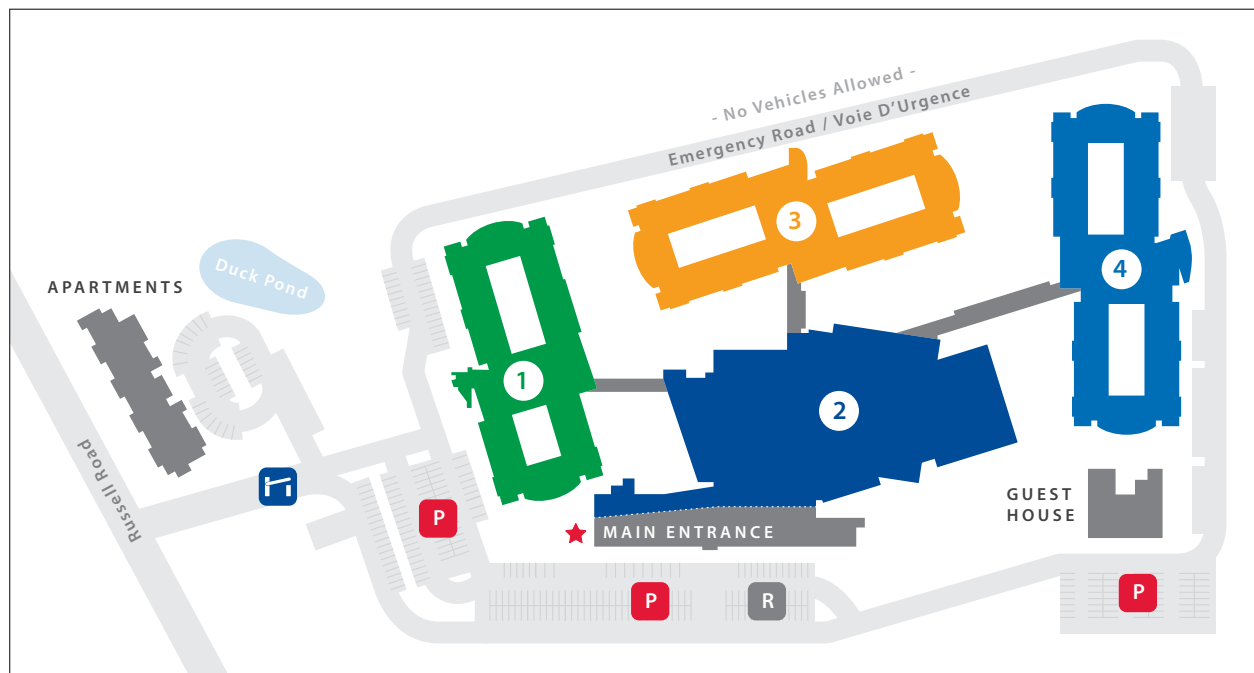


The Health Centre: Getting Around



As the heart of the growing Perley Rideau Village, the Health Centre is home to many of the programs and services enjoyed by residents, tenants, families and visitors. Connected to each of the three residents units by spacious and well lit links; Rideau ①, the Health Centre ②, Ottawa ③ and the Gatineau ④ buildings

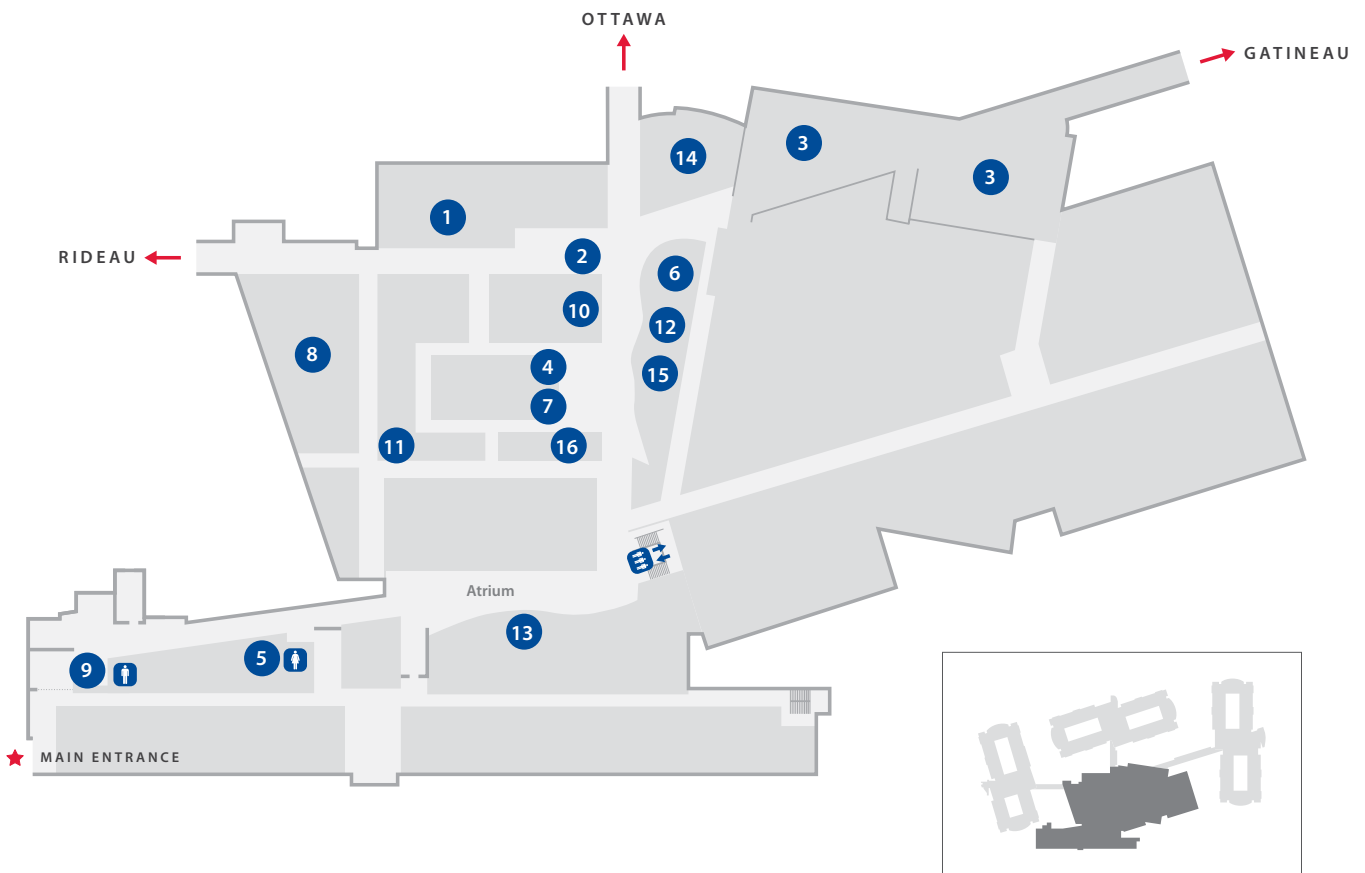
Each of the three residences is two-storeys and the Units are named for the specific building, floor and the direction of the unit. Examples of the Unit names include: Rideau 1 North, Ottawa 2 East and Gatineau 1 South.



Many of the publicly accessible services and programs can be found in The Perley Rideau Health Centre, including the following:

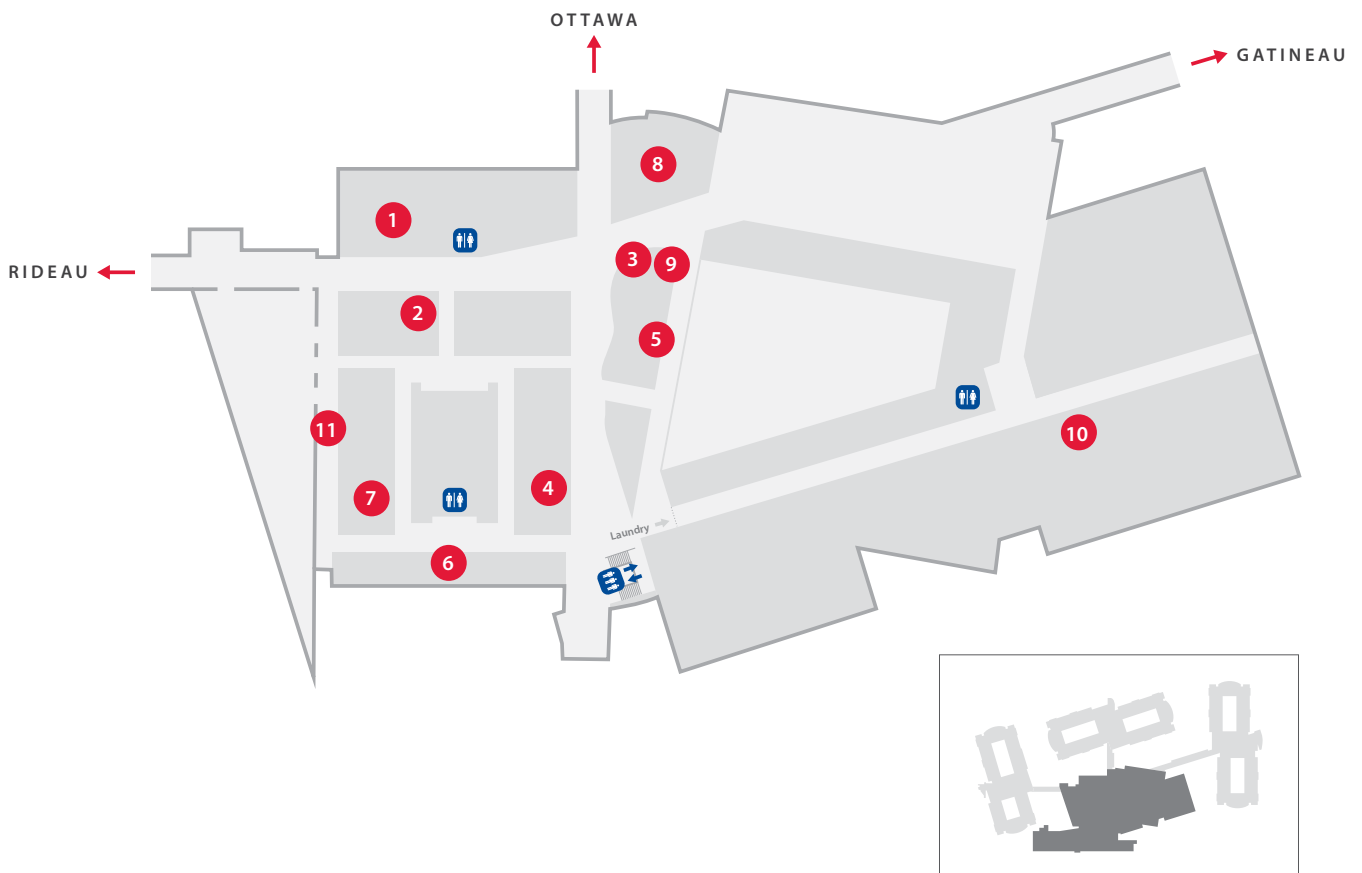
The Health Centre, Main Floor (Alphabetical Order):

- | | |
|---|---|
| 1 The Dementia Society of Ottawa and Renfrew County | 9 Main Entrance - Commissionaire's Desk |
| 2 Bank Machine | 10 Medical Pharmacy |
| 3 Cafeteria | 11 Pastoral Care |
| 4 Dental Care | 12 The Perley and Rideau Veterans' Health Centre Foundation |
| 5 Dermatologist | 13 Physio & Massage Therapy |
| 6 Gift Shop | 14 Pub |
| 7 Hearing Care | 15 Veterans Affairs Canada office |
| 8 Lupton Hall | 16 Volunteer Services |



The Health Centre, Second Floor (Alphabetical Order):

- | | | | |
|---|---|----|-----------------|
| 1 | Art Studios – Painting and Clay studios | 7 | Finance Office |
| 2 | Admissions Office | 8 | Games Room |
| 3 | Barber | 9 | Hair Salon |
| 4 | Benidickson Boardroom | 10 | Laundry |
| 5 | Dementia Society Offices | 11 | MET Art Gallery |
| 6 | Executive Offices | | |



Access and Security

For the safety and security of residents, families, substitute decision-makers, staff, volunteers and students, exterior entrances/exits to the three residences are permanently locked. Entry/exit through these doors requires the use of a building access card or entry of an access code.

Residents, family members, substitute decision-makers and visitors can apply for a building access card at the Commissionaire's desk at the Main Entrance. An application form must be completed and \$15 deposit is required. The full amount may be refundable. More information is available through Support Services at 613 526-7171 (ext. 2520).

All entrances to the Health Centre are controlled between 10:00 p.m. to 6:00 a.m., requiring individuals to sign in at the Main Entrance or swipe a building access card or key in an access code to enter. From 10:00 p.m. to 6:00 a.m., access is limited to the Main Entrance (1750 Russell Road).

Visiting hours are not restricted. Visitors are very welcome to join residents for concerts, spiritual services and special events. Visitors are asked to respect the duties of staff and the privacy of all residents.

- When leaving the Unit, residents must sign out of the Unit out at all times using the sign out sheet at the Communication's Station on each Unit.
- The Commissionaire at the Main Entrance can be reached at 613 526-7171 (ext. 0).
- After hours and for Emergencies, please call 613 862-2277.

Parking

Visitor parking is available in front of the Main Entrance, the Rideau Building and the Gatineau Building (see the map for more details)

One complimentary parking pass is issued for each long-term care resident. A deposit of \$15 is required and the full amount may be refundable when the pass is returned in good condition. Visitors may purchase single use parking cards at the Commissionaire's desk from Monday to Friday, between 8:00 a.m. to 5:00 p.m. Otherwise there is a daily rate that is payable at the gate or by credit card when exiting.

Parking restrictions are enforced and tickets are issued for infractions such as blocking fire lanes, or in handicapped parking spaces.
