

Perley Health Centre of Excellence in Frailty-Informed Care™

# News

Newsletter Issue #4 – November 2022



Members of the Centre of Excellence team (L to R): Daniela Acosta, Danielle Sinden, Dr. Benoît Robert, Annie Robitaille, Sina Pourfarzaneh, Michaela Adams, Suey Yeung, Kainat Bashir.

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**Perley  
Health**

Centre of Excellence  
in Frailty-Informed Care™

# Letter from the Director



*Danielle Sinden,  
Director, Centre of  
Excellence and Research  
Operations*

Partnerships are essential to the CoE because they increase the quantity, quality and impact of frailty-related research. As this fourth edition of our newsletter demonstrates, the CoE continues to forge valuable new partnerships.

I'm particularly pleased about our partnership with AGE-WELL and the three initiatives it has inspired. Arguably this country's most recognized organization involved in research into ageing and technology, AGE-WELL is part of the Government of Canada's Networks of Centres of Excellence program. As the main feature article in this edition explains, two of our AGE-WELL initiatives will study the use of promising technologies in long-term care (LTC), while a third involves training the next generation of researchers.

Other recent partners include the Canadian Frailty Network and Seniors Junction. All of these are made possible by the ongoing support from Perley Health Foundation and the generous support of donors such as Commissionaires Ottawa. Thank you!

The CoE aims to inspire, conduct and share practical research that improves quality of life for people who live with frailty. The surest way to achieve this goal is to establish and maintain what I call a cycle of improvement. The cycle involves effective partnerships that improve our capacity to generate and disseminate practical, relevant information. As our capacity grows, so does our ability to attract and retain new partners. The progress we've made during our first three years of operation demonstrates that this cycle is well underway.

I hope you enjoy our newsletter and I encourage you to share your comments — along with your ideas for future editions — by contacting me directly.

Danielle Sinden,  
Director, Centre of Excellence and  
Research Operations  
[dsinden@perleyhealth.ca](mailto:dsinden@perleyhealth.ca)

## Who we are.

Established in 2019, Perley Health Centre of Excellence in Frailty-Informed Care™ (CoE) aims to set a new benchmark in seniors' care, facilitating applied research that fuels innovation in education, best practices, and knowledge translation. Our goal is to ensure Seniors and Veterans living with frailty receive the highest level of care both within our walls and beyond. The CoE is part of Perley Health, a unique and innovative community of care located on a 25-acre campus adjacent to The Ottawa Hospital. Perley Health is home to approximately 450 residents (many of them Veterans who served overseas) in long-term care, along with approximately 200 seniors in 139 independent-living apartments. Funded by donations to the Perley Health Foundation, the CoE supports Perley Health's mission of excellence in the health, safety, and well-being of Seniors and Veterans.

## Nothing short of excellent

Exceptional care, research, education and innovations at Perley Health are supported in part by the generosity of our community. To donate to the Centre of Excellence in Frailty-Informed Care™, please visit: [www.PerleyHealthFoundation.ca](http://www.PerleyHealthFoundation.ca)







*A resident experiences Virtual Reality therapy under the guidance of Stephanie Deschamps, now Care Coordinator in Assisted Living Services.*

## New Partnership, New Projects

Three initiatives are underway thanks to agreements with the CoE's newest partner, AGE-WELL. Funded through the Government of Canada's Networks of Centres of Excellence program, AGE-WELL supports the development of technologies and services that benefit older adults and their caregivers. AGE-WELL is Canada's leading technology and aging network, with 47 member universities and research centres across Canada, along with more than 430 industry, government and non-profit partners.



"We're excited to partner with such an established, effective and prestigious organization," says Danielle Sinden Director, Centre of Excellence and Research Operations. "AGE-WELL's goals and operating model complement ours in many ways."

Launched in 2015, AGE-WELL aims to help older Canadians maintain their independence, health and quality of life through technologies and services that enhance safety, security and social participation. The organization's project-selection criteria prioritize both knowledge-sharing and the involvement of older adults and their caregivers. Funding agreements with AGE-WELL are now in place for three CoE initiatives.

**The Centre of Excellence in Frailty-Informed Care™ News**

## Piloting assistive technology

The first research project involves a mobility-assistance device known as ARMM (Ambulation and Re-training Mobility Mechanism), developed by Bisep, a Canadian company and approved by Health Canada. The device attaches to any walker or wheelchair and has been proven to reduce falls and enable independent ambulation. ARMM has the potential to increase the independence of people with mobility challenges and to address a key challenge: in care settings, it typically takes two professionals to support someone who needs assistance walking—one to walk alongside and another to follow closely with a wheelchair. With ARMM, only one care professional may be required.



*Dan Bordenave, CEO of Bisep, demonstrates the ARMM at Perley Health.*

Working alongside researchers from the University of Ottawa, the CoE will investigate how to realize the potential benefits for people in care settings. During the project, 15 Perley Health residents—along with members of their physiotherapy team—will use the ARMM and provide feedback. The results will inform future refinements not only of the device itself, but also of the protocols needed to implement it and other innovative solutions successfully in long-term care settings.

## Virtual reality for vision-impaired older adults

A second research project involves the use of virtual reality to improve quality of life among older adults living with vision problems. Re:Garde is a technology that features a virtual-reality headset and trains users to improve their ability to perceive and interact with their surroundings. The technology has been shown to increase confidence, mobility, orientation and quality of life. The research project will investigate how best to deploy Re:Garde among older adults. During the project, one Re:Garde device will be deployed in a dedicated room at Perley Health, while other units will be available for loan to residents, tenants and others in the community. The project's academic partners are the Krembil Research Institute and York University.

## Training early-career professionals

The third initiative involves AGE-WELL's Early Professionals, Inspired Careers in Age-Tech (EPIC-AT) health research training program. Funded by the Canadian Institutes of Health Research, with additional support from collaborating organizations, EPIC-AT is a national training platform hosted by the University of Toronto for graduate students, postdoctoral fellows and early-career researchers. During a one-year term, trainees learn to develop, implement and evaluate the digital technologies that can help older Canadians with complex health needs age safely, independently and with dignity. The CoE will support two research trainees during each of the next five years and increase understanding of the technologies that can benefit older adults in LTC.

"AGE-WELL is pleased to support and collaborate with the Perley Health Centre of Excellence in Frailty-Informed Care™," says Alex Mihailidis, AGE-WELL's Scientific Director and CEO. "To make a meaningful difference in the lives of older Canadians requires practical applied research and training, and effective collaboration and knowledge-sharing. The three initiatives support all of these goals."

# New Faces

The expansion of the CoE’s team of researchers, staff and students is another sign of progress. We’d like to introduce you to the accomplished additions to our team.



**Amy Hsu, PhD**  
Investigator, CoE  
Chair in Primary Health Care  
Dementia Research, University of  
Ottawa Brain and Mind/Bruyère  
Research Institute

Amy Hsu has always been driven to dive deeper in search of solutions. Part of her research expertise lies in resolving challenges through the careful analysis of large datasets—so-called big data. A current focus of Amy’s work involves studying healthcare and LTC datasets to identify ways to deliver care effectively and sustainably while maximizing positive health outcomes for Canadians.

“Although my grandparents passed away when I was quite young, I’ve always been inspired by older people,” says Amy. “I volunteered in nursing homes throughout my teens and into my twenties, for example. I want to help older people live their best lives.”



**Suey Yeung, PhD, APD**  
Postdoctoral Fellow, University of  
Ottawa and CoE

Suey Yeung recognizes that simple changes in dietary habits can benefit the physical and mental health of individuals during the aging process. An Australian-trained dietitian, Suey earned her PhD in Behavioural Sciences in the Netherlands.

“I’ve always loved working with older adults and listening to their stories,” she says. “When I was a child, my parents worked full-time and my grandmother was my primary caregiver. And my first job after university involved working with older adults living in residential care. When they were young, older adults contributed a lot to society, so I’m inspired to help them live their best lives now.”



**Kainat Bashir, PhD Candidate;**  
CIHR Health System Impact Fellow,  
CoE  
PhD Candidate at University of  
Toronto’s Institute of Health Policy,  
Management and Evaluation

Kainat Bashir is passionate about applying research to optimize care, particularly older adults living with frailty. The CoE’s mandate and mission, along with its commitment to collaboration, align strongly with Kainat’s interests and goals. Her current project with the CoE focuses on identifying the relational aspects of knowledge uptake and application, in addition to overcoming barriers to the implementation of infection prevention and control guidelines in LTC homes during the pandemic.

“I feel blessed to have had wonderful relationships with my grandparents, although I feel they passed away too soon,” she says. “Now that my parents are aging, I can better appreciate the importance of the research I’m involved in.”





**Kimberly Carla Campbell, PhD**  
Research Coordinator, CoE

Postdoctoral Fellow, University of  
Ottawa

Kimberly Carla Campbell's research interests centre on healthy ageing and dementia prevention. For more than a decade, Kimberly has worked in both research and public policy in the Caribbean, Australia and Switzerland. During this time, she contributed to the World Health Organization's guidelines for reducing the risks of cognitive decline and dementia.

"I grew up in the Caribbean, where older adults form the backbone of communities and are greatly respected," she says. "I highly valued the relationships I had with my grandparents. When my grandfather developed dementia, I learned how little information and support there was for family members. That ignited my current research passion."



**Sina Pourfarzaneh, M.A. in Sociology**  
Research Coordinator, CoE

Sina Pourfarzaneh recognizes that the key to meeting the current and future needs of older adults living with frailty is to conduct practical research and to share the results widely. One of his current projects focuses on the biopsychosocial factors contributing to the health and well-being of older Veterans.

"With the numbers of older adults growing both across Canada and worldwide, it's crucial that we prioritize healthy aging," he says. "Older adults experience a succession of major life changes, including retirement and often the onset of frailty. In my opinion, it is our collective responsibility to help them thrive during these changes and to live well."



**Brynn O'Dwyer, MSc. Health Systems Student**

Research Assistant, CoE

Brynn O'Dwyer looks forward to collaborating with her CoE colleagues and with other researchers to develop and validate improvements in the care of seniors. She has a special appreciation for the value of teamwork. While earning a Bachelor of Health and Physical Education degree at Laurentian University, she played varsity hockey, serving as alternate captain for three seasons.

"As a child, I loved going to visit my grandparents at the long-term care home where they lived," she says. "Those memories—along with the fact that one of my grandfathers was a Veteran who served overseas during the Korean War—inspire me in my work today."

# Exploring the Experiences of Veterans Participating in Arts-Based Programs



**Michaela Adams, MSc Interdisciplinary Health Sciences Student**  
Research Associate, CoE

Pursuing a Master's in Interdisciplinary Health Sciences at the University of Ottawa

Michaela Adams is excited to join the CoE team and values its practical, proactive approach to validating and disseminating best practices and protocols in the care of older adults living with frailty. Michaela is currently exploring the impacts of participating in creative arts programs on the health, well-being and quality of life of Veterans in LTC.

“Growing up, influential older adults shaped my views on aging and made me aware of the services available to them in Ontario,” she says. “I consider myself fortunate to still have older adults in my life, such as my father, who shares his wisdom, guidance and unwavering support.”



The Centre of Excellence in Frailty-Informed Care™ is conducting a study evaluating the impact that The Ozerdinc Grimes Family Therapeutic Recreation & Creative Arts Program (TRCA) has on the health, well-being and quality of life of older Veterans living in LTC at Perley Health. The results of the project will provide critical insights and lead to recommendations related to the arts as a therapeutic intervention for Veterans so that these modalities can be replicated in other settings across Canada to benefit Veterans wherever they reside.

We are actively recruiting Veteran LTC residents, along with their family members and friends, and staff and volunteers, to participate in confidential, one-time interviews. The interviews can be completed over the phone, via Zoom or in-person at the interviewee's convenience. If you are interested in participating or would like more information, please connect with Michaela Adams, Research Associate at [madams@perleyhealth.ca](mailto:madams@perleyhealth.ca) or at 613-526-7170 ext: 2425.

This research is made possible thanks to the support of the True Patriot Love Foundation.



CANADA'S FOUNDATION FOR THE MILITARY COMMUNITY

A full list of current CoE research projects begins on Page 8.

# Analytical by nature



*Danielle Cruise,  
Research Assistant, CoE  
Pursuing a PhD the University  
of Ottawa's Telfer School of  
Management*

The CoE's newest Research Assistant is determined to improve the lives of seniors living with frailty by applying her lifelong passion for problem-solving.

"I've always been a bit of an analytical, bookish person," says Danielle Cruise, who served an internship at the CoE while earning a Master of Science degree from the Telfer School of Management at the University of Ottawa.

Danielle is particularly interested in realizing the potential of digital technologies to improve quality of life for seniors living with frailty. Her Master's thesis focused on establishing sound decision-making criteria that long-term care (LTC) homes and other healthcare facilities can use to identify and implement appropriate digital technologies. And while Danielle has yet to finalize her PhD thesis (also at Telfer), it will relate to the use of digital technology in LTC and healthcare. The work is near and dear to her heart.

"Two of my grandparents fell through the cracks of the healthcare system and couldn't access the care they needed toward the end of their lives," Danielle says. "New and emerging

technologies can help fill those cracks and improve quality of life, particularly for seniors living with frailty."

Her maternal grandfather requires full-time care and is on a waitlist for several LTC homes. In the meantime, Danielle's mother serves as full-time caregiver.

"While in high school, I did a co-op placement at a hospital, where I was drawn more to solving problems and improving systems than to providing direct care," she says. "I'm still on that path today."

At Perley Health, Danielle is involved in multiple ongoing research projects, including several focused on technology. One project, described on pages 3 and 9 of this issue, involves assistive technology that attaches to a walker or wheelchair and reduces the incidence of falls.

"The Centre of Excellence plays an essential role by putting relevant research into practice. It's an opportunity for me to not only apply everything I've learned, but also to help expand the evidence base. I'm delighted to be able to contribute."



*Research Assistants  
Brynn O'Dwyer (left) and  
Danielle Cruise*



# Centre of Excellence – November 2022

## Current Research Projects

The Centre of Excellence in Frailty-Informed Care™ provides residents, tenants, families, caregivers and staff the opportunity to become involved in a variety of innovative projects and initiatives. This creates opportunities to engage in meaningful social and recreational activities such as learning a new skill, sharing experiences, and providing input on various issues. Participation also helps contribute to knowledge that can help improve care. All projects follow public health measures related to COVID-19 and the policies set out by Perley Health. Many of the projects listed below are seeking participants. For an updated list of projects, please consult the CoE website.

<https://www.perleyhealth.ca/ongoing-research-projects>

### Actively seeking participants

#### Social Inclusion of People with Dementia and Their Caregivers (Intergenerational Volunteer Project)

Co-Principal Investigators: Dr. Annie Robitaille, Commissionaires Ottawa Research Chair, Centre of Excellence in Frailty-Informed Care™, Perley Health; Dr. Linda Garcia, Faculty of Health Sciences, LIFE Research Institute, University of Ottawa.

Older adults (long-term care residents and tenants) living with dementia can receive friendly one-on-one visits from university student volunteers, providing them with an opportunity to engage in social and recreational activities and meaningful conversations. The caregiver of the person living with dementia will be asked to complete a 20-minute questionnaire on four occasions.

#### Online Peer Support to Improve Meaning in Life for Older Adults

Co-Principal Investigators: Dr. Marnin Heisel, Psychiatry, Epidemiology & Biostatistics Schulich School of Medicine & Dentistry, Western University, Lawson Health Research Institute; Danielle Sinden, Centre of Excellence in Frailty-Informed Care™, Perley Health

Adults over age 60 who live in Ontario and have felt lonely, socially isolated or stressed will participate in an online peer support group that promotes social connection and emotional health and well-being, and explores meaning in life during the pandemic. To determine eligibility, candidates will be interviewed online for 40–75 minutes. Participants will engage in a series of eight weekly discussions of 75–90 each alongside up to 12 of their peers and three group facilitators. Participants will also complete up to four additional interviews of up to two hours each.



### Making “Nonessential” Family Caregiving Essential in Long-Term Care Homes

Principal Investigator: Dr. Annie Robitaille, Commissionaires Ottawa Research Chair, Centre of Excellence in Frailty-Informed Care™, Perley Health

This study aims to gain a better understanding of the response to COVID-19 that pertains to family caregiver presence in LTC and increase the evidence about the impact of reduced levels of family caregivers on residents and their family caregivers. This project involves in-person or virtual interviews with staff, family/friend caregivers, formal volunteers, and residents to examine the impact of the restrictions on caregivers and residents. The data gained from this project can help improve the current COVID-19 situation in addition to improving pandemic preparedness for LTC homes during future outbreaks. Recruitment of family/friend caregivers, formal volunteers, and residents is complete. Staff are invited to reach out to the research team if they are interested in participating in a one-time interview lasting up to 30 minutes. Staff will be compensated with a \$30 Tim Hortons gift card for their time.

### LTC Social Support and Peer Mentorship Programs

Principal Investigator: Dr. Annie Robitaille, Commissionaires Ottawa Research Chair, Centre of Excellence in Frailty-Informed Care™, Perley Health

The Java Music Club is a research-based peer support group that involves Perley Health recreation staff, volunteers, residents and tenants, and aims to reduce social isolation. Participants engage in various activities, such as discussing photographs, listening to music and reading articles. The sessions create a safe environment for participants to support one another by sharing stories and experiences. The goal is to inspire residents to derive a sense of purpose and meaning from helping other residents.

### Pilot Implementation of the ARMM Device in LTC

Principal Investigator: Dr. Mirou Jaana, Telfer School of Management, University of Ottawa

This project examines the implementation of the ambulation, mobility, retraining and mobility mechanism (ARMM) device at Perley Health and how it impacts the workflow of physiotherapists. The study will explore the early stages of pre-implementation and map the workflow of physiotherapists. Residents and physiotherapists will share their feedback via survey and interview.

### Evaluation of an Arts Program for Veterans in the Community

Principal Investigator: Dr. Annie Robitaille, Commissionaires Ottawa Research Chair, Centre of Excellence in Frailty-Informed Care™, Perley Health

This research examines the impacts of an arts program for Veterans living in the community. Tenants of Perley Health’s independent-living apartments who have attended a weekly arts program will be asked to participate in a focus group and to share their views about the program. Facilitators of the arts program will also be asked to share their views, particularly about the program’s strengths and weaknesses. The feedback will inform improvements to the arts program and the development of other programs.

### Evaluating the Impact of the Therapeutic Recreation and Creative Arts Program on Older Veterans in LTC

Principal Investigator: Dr. Annie Robitaille, Commissionaires Ottawa Research Chair, Centre of Excellence in Frailty-Informed Care™, Perley Health

This project explores the impact of the Ozerdinc-Grimes Family Therapeutic Recreation and Creative Arts Program on the health and well-being of Veteran LTC residents of Perley Health. The study involves one-on-one interviews with Veterans who participate in the Program, along with their families and/or caregivers, staff and volunteers.

### Knowing the Story of a Residents Life

Principal Investigator: Dr. Annie Robitaille, Commissionaires Ottawa Research Chair, Centre of Excellence in Frailty-Informed Care™, Perley Health

This study explores the various ways that LTC staff across Canada learn the life stories of residents. Through surveys and one-on-one interviews, staff of LTC homes will be encouraged to share their strategies for getting to know residents and their families.

## Other Active Projects

**\*we are not currently recruiting participants for these projects**

### COVID-19 Immunity Study

Co-Principal Investigators: Dr. Amy Hsu, Centre of Excellence in Frailty-Informed Care™, Bruyère Research Institute and Dr. Marc-Andr  Langlois, University of Ottawa

This study examines the prevalence of COVID-19 in LTC homes across Canada, along with the level and duration of protection provided by approved vaccines. Participants include residents, staff, students, volunteers and caregivers in LTC homes across Ontario, Quebec and British Columbia. After completing a 15-minute baseline survey online, participants will provide a series of blood samples over the next 12 months. Participants can visit a secure portal to learn about the analysis of their blood samples. In addition, participating LTC homes will be provided with relevant aggregate data, which will improve understanding of the home's overall levels of immunity and risk.

### Dexamethasone as a Treatment for Older Adults in LTC with COVID-19

Co-Principal Investigators: Dr. Amy Hsu, Centre of Excellence in Frailty-Informed Care™, Perley Health, Bruy re Research Institute, and Dr. Beno t Robert, Perley Health

Dexamethasone is a corticosteroid often used to treat COVID-19 patients. This project will use provincial health data to examine the administration and effectiveness of dexamethasone on symptom severity and mortality rates, along with healthcare outcomes (e.g., rates of hospitalization, use of mechanical ventilation) in residents of LTC homes in Ontario.



### Program to Accelerate Technologies for Homecare (PATH)

Co-Principal Investigators, Ottawa site: Dr. Jeffrey Jutai, Interdisciplinary School of Health Sciences, University of Ottawa; Dr. Jason Millar, School of Electrical Engineering and Computer Science, University of Ottawa

PATH is a multi-partner initiative studying the potential role that home-based technologies can play in the care and well-being of older adults. In the study, groups of older adults receive various devices and technologies (e.g. blood-pressure monitors, pressure-sensitive mats that track sleep patterns, wearable fall-detection devices, etc.) and their experiences are monitored. Researchers will share study data with industry to test, validate and potentially commercialize products.

### Health Surveillance of Community-Dwelling, Person-with-Dementia and Caregiver Dyads

Principal Investigator: Dr. Annie Robitaille, Commissionaires Ottawa Research Chair, Centre of Excellence in Frailty-Informed Care™, Perley Health

This project aims to increase understanding of the trajectories of individuals living with dementia and their caregivers (dyads) from diagnosis to the move into LTC. Information will be collected from dyads over extended periods of time and the results used to inform policies, programs and areas of future research in Canada.

### Supporting Preferences of Older Veterans and Families in Later Life

Principal Investigator: Dr. Annie Robitaille, Commissionaires Ottawa Research Chair, Centre of Excellence in Frailty-Informed Care™, Perley Health

This project examines the health and well-being of older Veterans and their families both over time and across various settings. The study uses the determinants of health model and implementation science to assess the needs of older Veterans and their families, and to evaluate the implementation, adoption, effectiveness and sustainability of relevant programs and policies.

### Design and Implementation of a Nurse Mentorship Program in LTC

Principal Investigator: Dr. Annie Robitaille, Commissionaires Ottawa Research Chair, Centre of Excellence in Frailty-Informed Care™, Perley Health

This study explores the impact that participating in a mentorship program has on nurses recently hired by Perley Health. This study involves interviews with both recently hired nurses (mentees) and experienced nurses (mentors).

### Paxlovid Case Analysis

Principal Investigator: Dr. Benoît Robert, Chief Medical Officer, Perley Health and Dr. Amy Hsu, Centre of Excellence in Frailty-Informed Care™, Perley Health, Bruyère Research Institute

Paxlovid is an antiviral drug used to treat COVID-19. The study compares the effects and health outcomes of LTC residents with COVID-19 treated with Paxlovid to those treated with other antivirals. Mortality and hospitalization rates will be evaluated and the results will be used to inform future research into the treatment of COVID-19 among LTC residents.

# Presentations and Speaking Engagements

## Ontario's Long-Term Care Clinicians Conference 2022

October 23

Interactive workshop on SeeMe™: Understanding *frailty* together

Daniela Acosta, Collaborative Practice Leader; Dr. Benoît Robert, Chief Medical Officer

## Canadian Association of Gerontology, 51st Annual Scientific Education Conference, Closing the Research-Practice Gap

October 20-22

Quality of Life of Long-Term Care Residents in Ontario: A Cross-Sectional Comparison Before and During the Pandemic

Danielle Cruise, PhD candidate, Research Assistant; Danielle Sinden Director, Research and Operations; Mirou Janaa, Full Professor and Director of MHA Program, Telfer School of Management, University of Ottawa

Exploring the Impact of an Intergenerational Volunteer Program with People Living with Dementia on University Students

Michaela Adams, MSc candidate, Research Associate; Annie Robitaille, Commissionaires Ottawa Research Chair, Centre of Excellence in Frailty-Informed Care™, Perley Health; Linda Garcia, Professor, University of Ottawa LIFE Research Institute

Making “nonessential” family caregiving essential in long-term care homes

Annie Robitaille, Commissionaires Ottawa Research Chair, Centre of Excellence in Frailty-Informed Care™, Perley Health

Health surveillance of persons living with dementia and caregiver dyads

Annie Robitaille, Commissionaires Ottawa Research Chair, Centre of Excellence in Frailty-Informed Care™, Perley Health



Annie Robitaille at the Canadian Association of Gerontology, 51st Annual Scientific Education Conference

### **AdvantAge Ontario LTC Funding and Reporting in 2022: What's New, What's Necessary; Connecting the Dots: The Effective Use of RAI and CMI Data**

October 19

Managing RAI Data and Estimating your CMI for Budgeting

Melissa Norman, Director, Quality and Interprofessional Care

### **Carleton University and Ontario Association of Social Workers,**

October 3

Gerontological Social Workers Speak Out! Connecting  
Racialization, Migration, And Aging

Nancy Do, Resident Care Liaison

### **Quality for AdvantAGE Ontario**

September 22

LTC Requirements Webinar

Mary Boutette, Chief Operating Officer

### **Cliniconex**

August 25

Using tech and tools to combat staff shortages

Danielle Sinden, Director, Centre of Excellence and Research Operations

### **Champlain Centre for Health Care Ethics Regional Rounds**

June 22

When Relational Dynamics Challenge the Delivery of Care

Jessie Stephenson, Spiritual Care Advisor; Sam Hallgren, Psychogeriatric Resource Nurse



# Webinar Series

Our monthly webinar series aims to inspire meaningful policy and program change by establishing a forum for news and discussions about frailty-related innovation and research, and by nurturing and engaging a broad network of older adults and their families and caregivers, LTC professionals and researchers, along with members of the community.

## Upcoming webinar: Documenting the design of Ontario LTC homes from the frontline: perspectives and ideas for the future

23 November, 12:00–1:00 p.m. EST

Presented by Chantal Trudel,

Director, Carleton University's Centre for Community Engagement

This webinar presents the results of a study of the design of LTC homes. The study presents the perspectives of LTC residents, staff and care partners, and features ideas for new design options.

<https://bit.ly/CoENov23>



## Past webinars

View any of our archived webinars by visiting this page on the CoE website:

[www.PerleyHealth.ca/free-webinar-series](http://www.PerleyHealth.ca/free-webinar-series)

- **From research to program evaluation: Using administrative data for the development, implementation and evaluation of the RESPECT algorithm for palliative care**  
Dr. Amy Hsu, October 19
- **What can multitasking tell us about subjective cognitive decline in older adults?**  
Dr. Sarah Fraser and Talia Salzman, September 13
- **Rethink aging: a bold new path to life at any age**  
Dan Levitt, June 23
- **Understanding PTSD symptoms and dementia in older Veterans living in LTC**  
Dr. Kimberley Ritchie, May 25
- **Making non-essential caregivers and volunteers essential in LTC**  
Dr. Annie Robitaille, April 27

# Answering the call.



Perley Health is *Answering the Call* to transform the care for Seniors And Veterans.

Will you join us?

Answering  
**THE CALL**

Donate Today

[answeringthecall.ca](https://answeringthecall.ca)

## Contact Information

If you are interested in participating or would like to learn more about a particular project, please contact:

**Michaela Adams**  
Research Associate,  
Centre of Excellence in Frailty-Informed Care™  
Office: 613.526.7170 ext. 2425  
[kcampbell@perleyhealth.ca](mailto:kcampbell@perleyhealth.ca)

Thank you to Commissionaires Ottawa for their ongoing support of the Centre of Excellence in Frailty-Informed Care™.



**Perley  
Health**

Centre of Excellence  
in Frailty-Informed Care™

## Newsletter Contact Information

**Danielle Sinden**  
Director, Centre of Excellence  
and Research Operations  
Office: 613.526.7170 ext. 2424  
[dsinden@perleyhealth.ca](mailto:dsinden@perleyhealth.ca)

1750 Russell Road, Ottawa ON K1G 5Z6  
[centrefexcellence@perleyhealth.ca](mailto:centrefexcellence@perleyhealth.ca)

[www.PerleyHealth.ca/centrefexcellence](https://www.PerleyHealth.ca/centrefexcellence)