



<b>Date</b>	Thursday October 19, 2023
<b>Time</b>	6:30 PM EST
<b>Location</b>	Zoom

<b>Topics</b>	
<b>1</b>	<p><b>Infection Prevention and Control Update</b></p> <p><u>Tania Paolini</u>, Manager of Infection Prevention and Control, presented key updates regarding infection, prevention and control (<b>IPAC</b>) as part of the Ontario Fixing Long-Term Care Act.</p> <ul style="list-style-type: none"> <li>• Perley is incorporating changes into its procedures and practices as needed. These include updates to local risk management procedures for topics such as cleaning, handwashing, friendly mask policies, and screening processes for residents for cases where a staff is identified ill at work. Dining rooms will be audited internally to ensure handwashing practice compliance (i.e. all residents before each meal).</li> <li>• For COVID-19 vaccination, Perley's procedure is to vaccinate 84+ days from the previous vaccination.</li> <li>• Posters available online, and FFC email, highlight dates of vaccination clinics for caregivers and visitors. In November, the clinic will be opened for members of the community.</li> </ul> <p>A copy of the presentation will be sent to FFC members.</p>
	<p><b>Quality Improvement Update</b></p> <p><u>Melissa Norman</u>, Director of Quality and Interprofessional Care, explained how Perley identifies emerging issues for its quality improvement plan (QIP), involving various groups, and continued areas of focus, integrating social life and improving interpersonal communication to enhance the resident and family experience.</p>
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- **Sources of information** for developing Perley's QIP include data collection from clinical indicators and the **annual resident and family surveys** which will be launching again this fall. Invitations will be sent by email and, alternatively, paper copies will be available at four (4) locations: the main entrance and at each residence entrance. Once data is analyzed externally through InterRAI, results will be available in early 2024.
- The 2023-2024 QIP, which is halfway through its cycle, focuses on enhancing the staff and resident experiences in various areas such as meaningful activities, mealtimes, reducing pain, end-of-life care planning, psychotics, and emotional well-being.
- The presentation highlights ongoing initiatives related to **enhancing leadership visibility**, staff engagement, and employee reward and recognition within the organization to align with the "**People First**" philosophy and improve staff morale.
- One of Perley's initiative through the Canadian Center for Diversity and Inclusion is to actively promote **cultural awareness and inclusivity** among its staff, including launching a staff diversity census to collect data and align interventions with the changing demographics of their employees, with plans to extend this initiative to residents in the future.
- For social life, Perley is working to improve **meaningful activities and engagement** with residents, with a focus on leveraging tools such as the Magic table and enhancing the availability of intellectual programming. Perley is aiming to minimize scheduling conflicts to facilitate residents engaging in activities without having to make choices, with changes expected in coming months.
- The focus in the area of food and dining is on improving the experience, particularly by **addressing meal service etiquette and the overall appearance of the dining room** to create a more home-like atmosphere, aiming to make residents feel like they are at home rather than in a long-term care facility.
- In the clinical-based areas, the focus is on **pain management** to align with residents' individual goals, aiming to reduce unmanaged pain. An improvement team is in the diagnostic phase, conducting monthly audits, revising documentation, and care planning while addressing antipsychotic usage to ensure appropriate prescription with plans to implement best practices with physicians.

	<ul style="list-style-type: none"> <li>• A focus area in the plan is addressing symptoms of <b>depression</b>, with efforts including the development of a depression assessment process and introducing a health questionnaire, along with streamlining PSW documentation and exploring suicide assessment using the geriatric suicidal ideation scale.</li> <li>• Perley is focused on enhancing <b>palliative care</b> by providing interprofessional team education, improving processes for discussing end-of-life care with residents and families, and reintroducing standardized post-death <b>rituals</b> to ensure consistent and person-centered care for all residents.</li> </ul> <p>A copy of the presentation detailing indicators of focus for quality of life (QOL) will be sent to FFC members. To discuss further areas to be considered as part of the QIP, friends and family are welcome to email Melissa Norman at <a href="mailto:mnorman@perleyhealth.ca">mnorman@perleyhealth.ca</a>.</p>
<b>3</b>	<p><b>General Management Update</b></p> <p><u>Mary Boutette</u>, Chief Operating Officer (COO), highlighted key <b>management</b> updates from Perley Health.</p> <ul style="list-style-type: none"> <li>• In regard to staffing, <b>new positions</b>, including a second foot care nurse and an additional nurse practitioner, are being introduced to expand services, with a focus on both recruitment and retention, recognizing the challenges in the healthcare labor market.</li> <li>• Perley relies on an external <b>X-ray service</b> provider due to licensing requirements and is maintaining close communication to ensure efficient access to quality services in light of recent accessibility and timing challenges.</li> <li>• Perley is in the early stages of reintroducing <b>tours</b> for the benefit of those with loved ones who may want to visit before applying.</li> </ul> <p>Mark your calendars for a Remembrance Day service which will occur on Remembrance Day, Saturday November 11.</p>
<b>4</b>	<p><b>Next Meeting</b></p> <p>The next FFC meeting is Thursday November 16<sup>th</sup> at 6:30 PM EST.</p>